



## Blisscuits! A Healthy Treat :)

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<http://dessertguru.typepad.com/diary/2010/01/blisscuits-a-healthy-treat-.html>

I just discovered Mariel Hemingway's healthy line of "Blisscuits," which truly saved my life this afternoon as I was stuck in traffic for hours starving, when it dawned on me "Wait, I have a package of Blisscuits in my bag!" They were wholesome, sweet, filled-me up, and made me feel great (unlike other packaged foods that only drag down your energy).

Made with no chemicals, no sugar, and 40% organic, healthy immune boosting ingredients, how could you go wrong? Not quite a dessert per se, but when I have kids, I'll put it in their lunch pales and tell them it is!

